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GROUP ACTIVITY ROOM 1						
15 MONDAY	16 TUESDAY	17 WEDNESDAY	18 THURSDAY	19 FRIDAY	20 SATURDAY	21 SUNDAY
	6:00AM VICKY 	6:00AM NUMEDA 		6:00AM NUMEDA 		
		8:15AM NICOLE Senior Fitness		8:15AM NICOLE Senior Fitness	8:30AM DARREN 	
9:30AM SUSAN 	9:30AM DARREN 	9:30AM JEN SWEAT	9:30AM SUSAN 	9:30AM DARREN 	9:30AM ANNE 	
			10:35AM SUSAN 		10:35AM MICHELLE 	10:45AM PEGGY
11:00AM NANCY YOGA	11:00AM ERIC TAI CHI	11:00AM NANCY YOGA	11:00AM ERIC TAI CHI		11:35AM ERIC TAI CHI	
5:30PM ANN 	5:30PM ANNIE 	5:30PM DARREN 		5:30PM KARLA 	MEMORIAL HOLIDAY Mon May 29 OAK BRANCH CLOSED GREEN VALLEY OPEN 5am-2pm	
6:30PM ANN 	6:30PM MICHELLE 		7:30PM BILLY <i>*Ballroom Dance*</i>			
CLUB ZONE - KIDS GYM						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00AM-NOON PICKLEBALL	10:00AM-NOON PICKLEBALL	10:00AM-NOON PICKLEBALL	10:00AM-NOON PICKLEBALL			
GROUP ACTIVITY ROOM 3						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			8:15AM **SARAH** **JumpBoard**			
9:30A SARAH Reformer 2	9:30AM **SARAH** **JumpBoard**	9:30AM SARAH Mat & Ref 1	9:30AM SARAH Reformer 1	9:30AM SARAH Reformer 2	9:00AM CHRISTIE Reformer 2	
		10:45AM JEN **BARRE BODY**		11:00AM JEN **BARRE BODY**	10:00 CHRISTIE Reformer 1	
5:30PM MILA Reformer 2	5:30PM CHRISTIE MAT	5:30PM CHRISTIE Ref Multi-level	5:30PM MILA Reformer 1	<p><i>*MAT classes are OPEN to Members with NO PRIOR EXPERIENCE and are included with your membership dues/no additional fee.</i></p> <p><i>*ALL PILATES REFORMER CLASSES require successful completion of Pilates Intro Private Package, or Ready-Set-Go Package & Director approval prior to group complimentary classes. Reformer 2 Level classes require instructor permission. All Pilates classes require reservation, please call 336.478.2660 to reserve your spot. You may call 1 day prior to reserve.</i></p> <p><i>***Asterisks Denote FEE BASED CLASSES ***Please contact registration for details.</i></p>		
6:30AM **MILA** **Core Principles**	6:30PM **MILA** *Adv Apparatus*		6:30PM **MILA** **Core Principles**			
POOL						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30AM TBA Gentle Aqua		9:30AM LAUREN Gentle Aqua		9:30AM TBA Gentle Aqua		
12:00PM DAVID WaterWorks	12:00PM NUMEDA Deep Water	12:00PM NUMEDA HIIT	12:00PM DAVID WaterWorks	12:00PM LEANNE Power Hour		
	2:00PM BLAIR Post Rehab		2:00PM BLAIR Post Rehab		*Adult Swim Lessons* For Beginner or Intermediate level swimmers Choose either Mon 6:30pm or Tue 1:00pm 4 lessons/per month \$80 M/\$99 NM Experienced instructor, Blair Coltrane!	
	6:00PM BARBIE Deep Water		6:00PM RITA Deep Water			
*Notates an additional cost, please call 336.478.2660 for more information!						
Like us on Facebook at "The Club at OakBranch" & "The Club at Green Valley"						